Families Across the Lifespan

Interpersonal Studies
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The Family Life Cycle

- Beginning stage
- Childbearing stage
- Parenting stage
- Launching stage
- Mid-years stage
- Aging stage
Roles

• Acquired roles
• Character roles
• Given roles
Beginning Stage

• Adjusting to married life
• Completing an education
• Starting a home
Childbearing Stage
Parenting Stage
Launching Stage

• Children leave the home
• Adjusting to the “empty nest”
Mid-Years Stage
Aging Stage

• Grandparenting
• Health issues
• Retirement
• Travel and hobbies
What responsibilities do you have as a family member?

Responsibility

A duty or obligation upon one that moral, or legal accountability in the to behave correctly in respect or ability or authority to act or decide take decisions independently.
Rights and Duties of Parents
Maintaining Good Family Relationships
Extreme Emotions

(click on picture)
Review

• Describe roles and responsibilities in the beginning stage.

• Describe the roles and responsibilities in the launching stage.

• Explain how an individual may be in a combination of several stages at once.

• According to the state of Texas, what are some of the rights and duties of parents?

• Why is it important to maintain a healthy relationship among family members?
References and Resources

Images:

- Photos obtained through a license with Shutterstock.com™. (All photos on slides)

Textbooks:


Websites:

- State of Texas Family Code Chapter

- University of Nebraska Families Across the Lifespan: The Normal, To-Be-Expected, Satisfactions and Challenges Couples and Families Experience
  [http://ianrpubs.unl.edu/live/g2124/build/g2124.pdf](http://ianrpubs.unl.edu/live/g2124/build/g2124.pdf)
References and Resources

Websites:
• Web MD

YouTube™:
• Laura Kastner: Extreme Emotions
  Dr. Kastner discuss extreme emotions in extreme thoughts and avoiding the negativity track again.
  https://youtu.be/eCskmRQA-xY