Principles and Areas of Human Development

Instructional Practices in Education and Training
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Principles of Human Development
Development is similar for everyone
Development builds on earlier learning
Cephalocaudal-
From head to foot

Proximodistal-
From near to far

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The different areas of development are interrelated
Development proceeds at an individual rate
Development is continuous throughout life
“Seek the wisdom of the ages but look at the world through the eyes of a child.”
Ron Wild
With a partner:

1. Write down one principle of development

2. Draw a visual representation of the principle

3. List five (5) examples/situations that represent the principle
Areas of Human Development
P-I-E-S

Areas = Aspects, Domains
Physical Development
Intellectual Development

Also known as Cognitive Development
Social Development

Emotional and Social Development are often grouped together and referred to as Social-Emotional Development
Questions?
Resources and References


• National Association for the Education of Young Children (NAEYC). Site provides brief summary of developmental practice designed by NAEYC. 

• Texas Education Agency website for Texas Essential Knowledge and Skills 