Describe each meal service.

- **Buffet**: A method of serving food in which people help themselves to food set out on a table.

- **Family Service**: Serving meals in which food is placed in serving dishes and passed around the table.

- **Plate Service**: Serving meals in which food is portioned out on individual plates in the kitchen and brought to the table.

- **Modified English Service**: A more formal way of serving a meal for a small group as foods for the main course are brought to the table in serving dishes and are placed in front of the host, along with a stack of dinner plates. The host then serves the main course and vegetables on each dinner plate and passes the plate to the right.