Culinarian’s Code

Adopted by the American Culinary Federation, Inc., at its convention in Chicago, August 1957

- I pledge my professional knowledge and skill to the advancement of our profession and to pass it on to those who are to follow.
- I shall foster a spirit of courteous consideration and cooperation within our profession.
- I shall place honor the standing of our profession before personal advancement.
- I shall not use unfair means to affect my professional advancement or to injure the chances of another colleague to secure and hold employment.
- I shall be fair, courteous and considerate in my dealings with fellow colleagues.
- I shall conduct any necessary comment on, or criticism of, the work of a fellow colleague his careful regard for the good name and dignity of the culinary profession, and will scrupulously refrain from criticism to gain personal advantage.
- I shall never expect anyone to subject themselves to risks which I would not be willing to assume myself.
- I shall help to protect all members against one another from within our profession.
- I shall be just as enthusiastic about the success of others as I am about my own.
- I shall be too big to worry, too noble for anger, too strong for fear and too happy to permit pressure of business to hurt anyone, within or without the profession.

Enrichment / Extra Credit Activity

After reading the Culinarian’s Code, complete one of the following:

1) Write a paragraph about what the code means to you and whether or not it is still relevant in today’s culinary kitchen?
2) Create a brochure explaining the code.
3) Create signs based on the code to be hung in the classroom.
4) Thoroughly investigate the content of one bulleted section of the code and present your findings to the class.