Parent Interview
A Little Thing that Changes EVERYTHING!

Interview a parent by asking the followings questions. After the interview, write a one-page personal reflection on what you learned from this interview and how you plan to use the information now and in the future.

Name of parent ____________________________________________
Ages of children __________________________________________

1. What are your long-term goals as an individual?

2. What plans do you have to meet these long-term goals?

3. What are your career plans? Did you obtain a college/technical school degree before becoming a parent? How did parenthood fit into your career plans?

4. At what age did you start a family? Do you feel you were ready mentally to become a parent? Why?

5. What was your initial reaction when you found out you were going to become a parent?

6. What were some emotional adjustments you experienced being a first time parent?

7. How does planning your monthly budget fit into the necessary expenses of having a child?
8. How have you adjusted your social life in order to spend time at home with a baby or your children?

9. Why do you need to have patience, understanding and good parenting skills as a parent?

10. Why is it important to control your temper as a parent?

11. What advice would you give first time parents?

12. What is your favorite thing about being a parent?

13. Do you have a special needs child? If so, how has this impacted your life and parenting responsibilities?

14. Any additional advice or comments: