Selection and Care of Clothing: Part I
Principles of Human Services
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Acceptable Clothing for a Job Interview
What is the purpose of a job interview?
What qualities is an employer looking for?
As an interview candidate, you have your foot in the door, but so do all the other candidates who are being interviewed.

Impressions DO count when evaluating someone, particularly for a professional position.
Interview Success

Interview success includes:

- Being on time
- Dressing conservatively
- Giving a firm handshake
- Maintaining good eye contact
- Monitoring your response time to questions
- Watching your body language
Job Interviews for Teens

For any job interview, it's important to impress the interviewer from the moment you arrive. Learn what you should and should not do during the interview so you can avoid embarrassing faux pas!

Job Interview Tips for Teens

(click on link)
Interview Attire

- Professional dress is not just about clothes, but overall professional appearance.
- You will want your possible future employer to be impressed with your look, but you do not want to upstage the interview.
Professional Dress

(click on picture)
Men’s Clothing

- A man can wear a suit.
- A male should wear a button-up shirt with or without a simple neck tie.
- Make sure clothes are clean, pressed and in good condition.
**Women’s Clothing**

- Women can also wear a suit in traditional colors.
- Conservative colors are most appropriate.
- Dress appropriately
Caring for Your Clothes
How do you maintain and properly care for your wardrobe?
How to Take Care of Your Clothes

(click on picture)
Washing Your Clothes

(click on picture)
Stain Removal Chart

(click on picture)
Lipstick Stain
Mustard Stain
Melted Wax Stain

(click on picture)
Ironing Your Clothes

- Check the care label before pressing your garment
- Ironing helps clothes look sharp and pressed
How to Iron Clothes

(click on picture)
Developing a Personal Wardrobe Plan
Selecting and Buying Clothes

- Have a shopping plan
- Selecting and buying clothes should involve the decision-making process
- Take an inventory of your wardrobe to help you make good purchasing decisions
Clothing Needs versus Wants

- Clothing needs include clothing items that are necessary for the individual to be comfortable, protected and appropriately dressed for daily activities.

- Clothing wants include clothing items that the individual wishes to have.
When you are shopping for new clothes, consider the following determining factors:

- Can I wear it for more than one season?
- Is the item a good value?
- Does it hold its shape well?
- Does it resist wrinkles?
- Is it comfortable to wear?
- Is it durable and long lasting?
Clothing Factors
Identifying Quality in Clothing

Tips for determining quality in garments:

- Be sure buttons are sewn on tight
- Check the construction of the garment on the inside
- Check the seams; look for undone threads, tears or loose seams
- Determine if fabric is wrinkle-resistant
- Look through the fabric to examine for a tight weave
- Ensure that patterns such as plaids or stripes line up at the seams
Six Panel Organizer

(click on picture)
Review

Name five tips for selecting proper attire for a job interview.

Why is it important to give a firm handshake at a job interview?

What are two benefits of properly maintaining your clothing?

Why is it important to always check the care label before you wash a garment?

List four tips for determining quality in garments.
References and Resources

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- American Cleaning Institute ® (slide 17)

Textbooks:

Websites:
- About.com
  Job Interview Tips for Teens
  http://video.about.com/jobsearch/Job-Interview-Tips-for-Teens.htm
- Dressing for Interview Success
  How to dress professionally for an interview
  http://www.collegegrad.com/jobsearch/Competitive-Interview-Prep/Dressing-for-Interview-Success
- The American Cleaning Institute
  Cleaning products play an essential role in our daily lives. By safely and effectively removing soils, germs and other contaminants, they help us to stay healthy, care for our homes and possessions, and make our surroundings more pleasant.
  http://www.cleaninginstitute.org/
- How to Iron Clothes
  Four methods to iron clothes.
  http://www.wikihow.com/Iron
- How to Take Care of Your Clothes
  Taking care of your clothes will not only make them last longer, but will also make you look better. Buying new clothes is costly, and at times unnecessary, when you take care of the clothes that you already have.
  http://www.wikihow.com/Take-Care-of-Your-Clothes
Tarleton State University: Dress to Impress – Professional Attire TSU provides illustrations, videos and articles to help you prepare for any professional occasion.
http://www.tarleton.edu/careerservices/Students/dress-to-impress.html

Videos:
- How to Remove Wax from Clothes or Material Remove Wax from Clothes or Material. Wax can easily drip from candles onto a tablecloth and colored wax stains can be tough to remove. Our expert, Bea Knapp will show you a quick and easy way to deal with wax stains. http://www.videojug.com/film/how-to-remove-wax-from-clothes-or-material?channel=pose
- Job Interview Tips for Teens For any job interview, it’s important to impress the interviewer from the moment you arrive. Learn what you should and should not do during the interview so you can avoid embarrassing faux pas! http://video.about.com/jobsearch/Job-Interview-Tips-for-Teens.htm
- Six Panel Organizer Students can use this manipulative as a sequential description of a topic or to show connection between a central idea, concept or process. http://youtu.be/UItX5mMhxyA
- Too Much Detergent Can Damage Your Washing Machine Besides hurting your washing machine, too much soap can lead to mold and mildew, as well as added wear and tear on your clothes. http://www.tbd.com/articles/2011/02/too-much-detergent-can-damage-your-washing-machine-53125.html