Lab Safety Skills Checklist

What can you do? Check all the skills that you already have.

I know how to:

Get Started
☐ Follow directions
☐ Gather equipment
☐ Gather ingredients
☐ Work as a team

Define Safety Terms
Identify definitions of:
☐ Accident
☐ Experiment
☐ Fire extinguisher
☐ First aid
☐ Laboratory
☐ Safety
☐ Symbol

Clean-up
☐ Wash my hands correctly
☐ Wash lab equipment correctly
☐ Clean and sanitize counters and tables
☐ Dry lab equipment
☐ Store lab equipment
☐ Dispose of waste properly

Measure
☐ Identify measuring equipment
Define measuring terms:
☐ Balance
☐ Calibrate
☐ Electronic balance
☐ Taring
☐ Triple-beam balance

Identify Lab Equipment
☐ Beaker
☐ Cylinder
☐ Flask
☐ Goggles
☐ Petri dishes
☐ Pipettes
☐ Test tubes

Use Safety Equipment
☐ Deluge shower
☐ Eye wash station
☐ Fire extinguisher
☐ Fire blanket
☐ Fume hood

Anything else?

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