**HOTLINES and ONLINE RESOURCES**

**Emergencies**

Dial 911.

**Hotlines**

*Texas Abuse and Neglect Hotline*
Report suspected abuse and neglect.
1-800-252-5400
TxAbuseHotline.org

*Texas Runaway Hotline*
Counseling, services, and referrals for runaway youth and their families.
1-888-580-HELP (1-888-580-4357)
www.TexasRunaway.org

*Texas Youth Hotline*
Services and counseling for youths and family members in times of stress.
1-800-210-2278
www.TexasYouth.org

*Texas Adoption Resource Exchange*
Find children in need of adoption.
1-800-233-3405
AdoptChildren.org

*Texas Poison Control Center Network*
Don't wait for the victim to look or feel sick—call poison control. Always call 911 if a victim is collapsed or not breathing.
1-800-222-1222
www.poisoncontrol.org

**Parenting Skills**

*National Parent Hotline*
(1-855-4A PARENT or 1-855-427-2736)

*Texas Adoption Resource Exchange*
Find children in need of adoption.
1-800-233-3405
AdoptChildren.org

*Car Safety: Look Before You Lock*
Online education about vehicle safety for children

*Family Compass*
Parenting and family programs in the Dallas area.

*Texas Education Agency*
Life skills classes and resources for teen parents.
Child Development Information

**Born Learning**
Information for parents, grandparents, and caregivers to make learning fun.
[www.bornlearning.org](http://www.bornlearning.org)

**Texas Early Childhood Intervention**
Support for families with children with disabilities and developmental delays.
1-800-628-5115

**Infant Sleeping Death Prevention**
Get information and tips on how to put an infant to sleep safely.
[BabyRoomToBreathe.org](http://www.babyroomtobreathe.org)

**Water Safety for Kids**
Information and tips on how to protect children from drowning.
[www.watchkidsaroundwater.org](http://www.watchkidsaroundwater.org)

**Texas Baby Moses Hotline**
Information on the Baby Moses Law, which protects parents from criminal prosecution when they deliver an unharmed child to a designated emergency infant-care provider.
1-877-904-SAVE (1-877-904-7283)

**Food / Clothing / Housing**

**Catholic Charities**
Food, housing, and educational programs that help strengthen families.

**The Salvation Army**
Emergency services including food, shelter, and clothing, and rehabilitation aimed at self-sufficiency.

**Women Infant and Children (WIC)**
Nutrition help for low-income pregnant and breastfeeding women and for infants and children up to age five.
1-800-WIC-FOR-U (1-800-942-3678)
[www.texaswic.org](http://www.texaswic.org)

**2-1-1 Texas (Texas Information and Referral Network)**
Dial 2-1-1. No matter where you live in Texas, you can dial 2-1-1 and find out about resources in your local community. It’s the number to call when you don’t know who to call.

**Your Texas Benefits**
Apply for food, medical, and cash benefits.
[YourTexasBenefits.com](http://www.yourtexasbenefits.com)

**Jobs / Childcare**

**Goodwill Industries**
Help for people with disabilities and barriers to employment to get training and find jobs.

**Jobs**
Texas Workforce Commission
Job readiness training and job search programs, and assistance with child care vouchers.
1-800-822-7526
www.twc.state.tx.us

Child Care

Texas Child Care Search
Search for regulated child-care facilities to keep your children safe.
1-800-862-5252
www.txchildcaresearch.org

Texas Attorney General
Child Support Division
Services for parents who wish to obtain or provide support for their children.
1-800-252-8014
www.oag.state.tx.us/cs/

Drugs / Alcohol

Texas Substance Abuse Hotline
1-877-9-NO-DRUG (1-877-966-3784)

The Partnership for a Drug-Free Texas

Drug and Alcohol Information

Texas Substance Abuse Hotline
Mental health and substance abuse services.
1-877-9-NO-DRUG (1-877-966-3784)
www.dshs.state.tx.us/mhsa-sa-help

Alcoholics Anonymous®
Group support to recover from alcoholism.
1-212-870-3400
www.aa.org

Alanon and Alateen
Support for friends, family, and teens of alcoholics.
1-888-4AL-ANON (1-888-425-2666)
www.al-anon.alateen.org

Narcotics Anonymous
Support for those who suffer from drug addiction.
1-818-773-9999
www.na.org
Stress / Anxiety / Depression / Counseling

Mental Health Crisis Hotlines

**Texas Runaway Hotline**
Counseling, services, and referrals for runaway youth and their families.
1-888-580-HELP (1-888-580-4357)
[www.TexasRunaway.org](http://www.TexasRunaway.org)

**Texas Youth Hotline**
Services and counseling for youths and family members in times of stress.
1-800-210-2278
[www.TexasYouth.org](http://www.TexasYouth.org)

**Texas Suicide Prevention**
Get in touch with your local crisis line for other ways to help.
Please call 1-800-273-TALK (8255)
[www.texas-suicideprevention.org](http://www.texas-suicideprevention.org)

Family Violence

**Texas Council on Family Violence**

**National Domestic Violence Hotline**
1-800-799-7233

**Texas Abuse and Neglect Hotline**
Report child abuse and neglect.
1-800-252-5400
[www.txabusehotline.org](http://www.txabusehotline.org)

**Childhelp® National Child Abuse Hotline**
The 24/7 hotline offers crisis intervention, information, literature, and referrals.
1-800-4-A-Child (1-800-422-4453)
[www.childhelp.org](http://www.childhelp.org)

**National Domestic Violence Hotline**
24-hour support through advocacy, safety planning, resources, and hope to everyone affected by domestic violence.
1-800-799-SAFE (1-800-799-7233)
[www.thehotline.org](http://www.thehotline.org)

Legal Assistance

**Texas Attorney General**

**Child Support Division**
Services for parents who wish to obtain or provide support for their children.
1-800-252-8014
[www.oag.state.tx.us/cs/](http://www.oag.state.tx.us/cs/)

**Texas Law Help**
Civil legal information for Texans who cannot afford legal help.
[www.texaslawhelp.org](http://www.texaslawhelp.org)