## Personal Activities Calendar

List any scheduled activities other than school (see examples below).

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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</table>

**To Do List:**

1. __________________________________________
2. __________________________________________
3. __________________________________________
4. __________________________________________
5. __________________________________________
6. __________________________________________
7. __________________________________________
8. __________________________________________

**Include:**

- Work schedule (if applicable)
- Practice – sports, dance, band
- Chores – wash car, laundry, babysit
- Appointments – doctor, dentist
- Exercise – gym, class, weight training
- Leisure activities – movies, shopping, eating out
- Personal – worship, meditation, reflection
- Homework – assignments, projects due dates

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The Balancing Act: Managing a Career and Family - Travel and Tourism
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