## Personal Activities Calendar

List any scheduled activities other than school (see examples below).

### To Do List:

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Month: _________________

1. _________________________________________________________
   Work schedule (if applicable)
2. _________________________________________________________
   Practice – sports, dance, band
3. _________________________________________________________
   Chores – wash car, laundry, babysit
4. _________________________________________________________
   Appointments – doctor, dentist
5. _________________________________________________________
   Exercise – gym, class, weight training
6. _________________________________________________________
   Leisure activities – movies, shopping, eating out
7. _________________________________________________________
   Personal – worship, meditation, reflection
8. _________________________________________________________
   Homework – assignments, projects due dates

The Balancing Act: Managing a Career and Family
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