Exploring Careers in Family and Community Services
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Human Services Cluster

Preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care, and consumer services.
College and Career Initiative

- Education initiative designed to prepare students for a:
  - Lifetime of success
  - Secondary and postsecondary opportunities
  - Career preparation and advancement
  - Meaningful work
  - Active citizenship

- Designed to help students (and parents) make:
  - Wise education choices
  - 21st Century curricula combining:
    - rigorous academics and
    - relevant career education
Programs of Study

- Family and Community Services
  - Dietitians
  - Geriatric Care Manager
  - Social and Community Services Manager

**Become a Personal and Home Care Attendant**

(click on link)
High School

Career Related Electives

- 9th – Principles of Human Services
- 10th – Interpersonal Studies, Child Development, Family and Community Services, or Human Growth and Development
- 11th – Lifetime Nutrition and Wellness, Counseling and Mental Health, Human Growth and Development, Family and Community Services
- 12th – Food Science, Practicum in Human Services or Problems and Solutions

Note - Sequence of courses in your school may be different from the recommended sequence of coursework.
On the Job Training

- Dietary Aide
- Community Outreach Aide
- Community Support Aide
- Food Service Worker
- Health Aide
- Life Skill Counselor Aide
- Medical Assistant Aide
- Medication Aide
- Mental Health Aide
- Patient Care Aide
- Personal/Home Care Aide
- Social Worker Aide

Note: These experiences may be started and/or completed as part of the high school experience.
Possible Certificates (HS)

- Food Manager
- Heartsaver® CPR
- ServSafe
- OSHA CareerSafe

Career Options:
- Dietary Aide
- Food Service Worker

Note: Students may earn all or part of these certificates as part of the high school experience.
Associate Degrees

- Administrative and Secretarial Services
- Behavioral Sciences
- Business Administration and Management
- Community Health Services
- Dietetic Technology
- Financial Management and Services
- Foods and Nutrition Studies
- Health and Medical Administration Services
- Individual and Family Development Studies
- Health and Medical Administration Services
- Mental Health Services
- Physical Therapy Assistant
- Psychology
- Public Administration
- Social Science Studies
- Social Work

Career Options

- Case Management Aide
- Community Outreach Worker
- Community Support Worker
- Dietetic Technician-Registered
- Certified Dietary Manager
- Government - Eligibility Interviewer
- Personal/Home Care Services Manager
- Physical Therapist Assistant
- Social and Human Services Assistant

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Bachelor Degrees

- Dietetics
- Foods and Nutrition
- Gerontology and Geriatric Services
- Gerontology Counseling Services
- Health Information Manager
- Health Promotion
- Health and Wellness Promotion
- Health Services Administration
- Human Development and Family Studies
- Community Health
- Developmental Psychology
- Long-Term Care Administration
- Nutrition
- Public Administration
- Social Work
- Sociology
- Youth and Community Studies

Career Options

- Administrative Assistant
- Adult Educator
- Community and Social Services Specialist
- Counseling Aide
- Counseling/Gerontology Aide
- Food Services Manager
- Medical Office Manager/Administrator
- Nutritionist
- Registered Dietician
- Social Services Caseworker
- Social Services Worker
- Volunteer Coordinator

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Graduate Degrees

Counseling Psychology
Developmental Psychology
Family Psychology
Foods and Nutrition
Food Science
Health Administration
Health Promotion
Health Services Management
Health Services Research

Long-Term Care Senior Housing and Aging Services
Long-Term Health Care Administration
Management – Health Services
Nutrition
Nutrition Science
Public Administration
Public Health – Community Health
Public Policy

Career Options

Career Counselor
Geriatric Care Manager
Gerontology Counselor
Life Skill Counselor
Medical and Health Services Manager
Nutrition Consultant
Nutrition Educator
Nutrition Researcher
Residential Advisor
Social and Community Services Manager
State TANF Administrator

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Obtaining Employment

- When seeking employment, have available:
  - Career portfolio
    - résumé
    - certifications
    - record of skills attained
    - letters of reference
  - Completed job application
  - Interview skills
Maintaining Employment

Once you have secured employment, be sure to:

» arrive to work on time
» work responsibly
» work safely
» respect the business
» maintain a positive attitude
» complete assigned tasks
Terminating Employment

If you have to quit your job, be sure to follow these steps:

- Give at least two weeks notice
- Submit a letter of resignation which may include:
  - Reason for leaving
  - Thanking employer for experience
  - Offering to train new employee
Continuing Education

- Learning does not stop after completing a program
- Must keep up with current trends in the industry
- Continue updating your skills through:
  - certificate programs
  - conferences
  - educational opportunities
  - meetings
  - seminars
  - webinars
Entrepreneurship Opportunities

Advantages
- ownership
- job satisfaction
- earning potential

Disadvantages
- financial risk
- competition
- no guarantees
What career are you interested in?
Questions?
References and Resources

Images:
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Textbooks:

Websites:
- Achieve Texas
  An education initiative designed to prepare students for a lifetime of success
  http://www.achievetexas.org/
- CTE – Learning that works for America Nationwide
  Career Technical Education (CTE) programs are changing, evolving and innovating to better serve the country’s needs.
  http://www.careertech.org/
- My Next Move
  An interactive tool for job seekers and students to learn more about their career options
  http://www.mynextmove.org/
- National Center for O*NET Development, Human Services Career Cluster.
  O*NET OnLine. Retrieved December 16, 2013, from
  http://www.onetonline.org/find/career?c=10&g=C

YouTube™:
- Become a Personal and Home Care Aide
  Assist elderly or disabled adults with daily living activities at the person’s home or in a daytime non-residential facility. Duties performed at a place of residence may include keeping house (making beds, doing laundry, washing dishes) and preparing meals.
  http://youtu.be/p8HyUgDDXIE

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