Careers in Counseling and Mental Health
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Setting Personal and Professional Short and Long-Term Goals

- Short-term goals and long-terms career goals should align with opportunities based on interests and work values.
- For a self assessment, skills transferability, exploring work, career clusters and occupational information, refer to Texas Cares.
Personal Interests, Aptitudes and Abilities that are Needed in the Counseling and Mental Health

- Students can visit several sites such as Texas Workforce Commission, for a personal career assessment. Refer to: Texas Job Hunter's Guide
- This will help the students assess their interests and personalities.
- Certification upon completion.
Education Experience Of A Counselor Or Psychologist

These degree programs require experience in the following course topics:

• Human growth and development
• Social and cultural diversity
• Relationships
• Group work
• Career development
• Assessment techniques
• Research and program evaluation
• Professional identity
Education Experience Of A Counselor Or Psychologist

- College student affairs
- Elementary and secondary school counseling
- Counseling education and training
- Gerontological counseling
- Marriage and family therapy
- Substance abuse counseling
- Rehabilitation counseling
- Agency or community counseling
- Clinical mental health counseling
- Career counseling
Careers in Psychology

What Is It Like to be a Psychologist?
(click on link)
Decisions Concerning Your Future Career

- School counselor
- Substance abuse and behavioral disorder counselors
- Rehabilitation counselors

Mental Health and Substance Abuse Social Workers
(click on link)
Employment Opportunities

Employment of mental health counselors is expected to grow by 36 percent from 2010 to 2020, much faster than the average for all occupations.
Deciding on a Career

- Mental health counselors
- Marriage and family therapist
- Social and community service managers
- Social and human service assistants
- Social workers

Mental Health Counselor

Marriage and Family Therapist

(click on links)
Career Videos

Psychiatrists
Psychiatric Aide
(click on links)
Deciding on a Career

- Family psychologist
- Home health aide
- Occupational therapy assistants and aides
- Registered nurse
- Probation officer
- Certified crisis intervention counselor
Careers in Psychology, Counseling and Social Work

Career Choices
(click on link)
Career Exploration (click on link)
Exploring Work Options

Texas Cares Online
(click on link)
References and Resources

Images:

Microsoft Office Clip Art: Used with permission from Microsoft.

Textbook:


Websites:

Achieve Texas
An education initiative designed to prepare students for a lifetime of success
http://www.achievetexas.org/

Browse by Career Cluster – Counseling and Mental Health
http://www.onetonline.org/find/career?c=9&g=Go


CTE – Learning that works for America
Nationwide, Career Technical Education (CTE) programs are changing, evolving and innovating to better serve the country’s needs.
http://www.careertech.org/
References and Resources

O*NET OnLine
Detailed descriptions of the world of work for use by job seekers, workforce development and HR professionals, students, researchers, and more!
http://www.onetonline.org/

Texas Work Prep Learning Management System.
Texas Job Hunter’s Guide Course.
https://www.texasworkprep.com/texasworkprep.htm

What Do You Like?
http://www.bls.gov/k12/index.htm

Videos:
Career and Cluster Videos
These videos show the types of work people do in nearly 550 careers, organized by the 16 career clusters recognized by the U.S. Department of Education.

YouTube:
Careers in Psychology, Counseling and Social Work
Are you thinking about a career in psychology, social work, or counseling? Would you like to know more about the differences between the areas? Join us for an opportunity to meet professionals in these fields, learn if one of these he career for you, and make sure you are on the right path.
http://youtu.be/6iskVuzXL2c

Careers in Psychology: What Is It Like to Be a Psychologist?
A psychologist is somebody who studies human behavior to try to help people, and psychologists usually take part in a variety of jobs. Find out how psychologists look for ways to help people engage in healthy behavior with help from a licensed mental health counselor in this free video on psychology.
http://youtu.be/wgZwi0W5cLc

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