# Counseling & Mental Health Services

**Cluster Overview:** Preparing individuals for employment in career pathways that relate to families and human needs.

### Career Goal (O*NET Code): Counselor, Mental Health (21-1014), Marriage and Family Therapist (21-1013), Rehabilitation (21-1015), Substance Abuse & Behavioral Disorder (21-1011).

**Student Name:**

**Grade:**

**School:**

## SUGGESTED COURSEWORK

### Middle School

<table>
<thead>
<tr>
<th>Grade</th>
<th>HS Courses:</th>
</tr>
</thead>
<tbody>
<tr>
<td>8th</td>
<td>(Local districts may list high school credit courses here)</td>
</tr>
<tr>
<td>9th</td>
<td>Core Courses: English I, Algebra I, Biology</td>
</tr>
<tr>
<td></td>
<td>Career-Related Electives: Principles of Human Services</td>
</tr>
<tr>
<td>10th</td>
<td>Core Courses: English II, Geometry, Chemistry</td>
</tr>
<tr>
<td></td>
<td>Career-Related Electives: Interpersonal Studies or Child Development or Human Growth and Development</td>
</tr>
<tr>
<td>11th</td>
<td>Core Courses: English III, Algebra II, Physics</td>
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<tr>
<td></td>
<td>Career-Related Electives: Counseling and Mental Health or Psychology or Languages other than English III</td>
</tr>
</tbody>
</table>

### High School

<table>
<thead>
<tr>
<th>Grade</th>
<th>Core Courses:</th>
</tr>
</thead>
<tbody>
<tr>
<td>12th</td>
<td>English IV, AP Statistics, Anatomy &amp; Physiology</td>
</tr>
<tr>
<td></td>
<td>Career-Related Electives: Practicum in Human Services or Problems and Solutions or Languages other than English IV</td>
</tr>
</tbody>
</table>

### EXTENDED LEARNING EXPERIENCES

**Curricular Experiences:**

- Family, Career and Community Leaders of America

**Extracurricular Experiences:**

- Language Immersion Programs
- Peer Mediation
- School Newspaper
- Student Government
- UIL Academic Competitions
- Yearbook

**Career Learning Experiences:**

- Career Preparation
- Internship
- Job Shadowing

**Service Learning Experiences:**

- Community Service Volunteer
- FACTS
- Families First
- Peer Tutoring / Peer Mentoring
- STOP the Violence
- Summer-Camp Counselor

**College Credit Opportunities -- High School**

Students should take Advanced Placement (AP), International Baccalaureate (IB), dual credit, Advanced Technical Credit (ATC), or locally articulated courses (Tech Prep), if possible. List those courses that count for college credit on your campus.

### SUGGESTED COURSEWORK

**LIFE COURSES:**

- Community Youth Services: Personal/Home Care Aide, Recreation Aide
- Preschool Aide/Worker: Social Worker Aide

**Post-Secondary**:

- Behavioral Science: Individual & Family Development Studies, Mental Health Services
- Human Services: Psychology, Social Science Studies, Substance Abuse Counseling

**Professional Associations:**

- American Mental Health Counselors Association
- American Public Human Services Association
- National Association of Social Workers

**Career Options:**

- Addiction Counselor Trainee
- Group Worker/Assistant
- Personal/Home Care Aide

**Certificate:**

- OSHA CareerSafe

**Post-Secondary**:

- Developmental Psychology: Human Development & Family Studies, Rehabilitation Services-Addictions Studies
- Health & Wellness Promotion: Psychology, Youth & Community Studies

**Professional Associations:**

- Texas Association for Marriage & Family Therapy
- Texas Counseling Association
- Texas Psychological Association

**Career Options:**

- Adult Educator
- Counseling Aide
- Volunteer Coordinator

**Certificate:**

- Microsoft Office Specialist

**Post-Secondary**:

- Allied Health Sciences-Clinical Gerontology: Counseling Psychology, Family Psychology
- Child Psychology: Marriage & Family Therapy/Counseling

**Professional Associations:**

- American Mental Health Counselors Association
- American Public Human Services Association
- National Association of Social Workers

**Career Options:**

- Family Counselor
- Gerontology Counselor
- Marriage & Family Therapist

**Certificate:**

- OSHA CareerSafe

**Post-Secondary**: (Students may select other elective courses for personal enrichment purposes.)

**This plan of study serves as a guide, along with other career planning materials, for pursuing a career path and is based on the most recent information as of 2009. All plans meet high school graduation requirements as well as college entrance requirements.)

Human Services: Counseling and Mental Health Services: Counselor/Therapist - June, 2009