Happy Birthday
Times 2, 3, 4...

Multiple Births
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MULTIPLE BIRTHS refers to the delivery of twins and higher order multiples (ex, triplets, quadruplets)
Multiple Births in the United States

- Number of twin births: 137,217
- Number of triplet births: 5,905
- Number of quadruplet births: 355
- Number of quintuplets and other higher order births: 80

Source: CDC 2009
STATISTICS

• The rate of multiple births in the United States jumped dramatically in the past two decades
• The rate of twin births increased by 70 percent between 1980 and 2004.

Source: CDC 2009
CONCERNS

• Women who are expecting more than one baby are at increased risk of certain pregnancy complications

• Premature babies are at risk of serious health problems during the newborn period
MUTLIPLE PREGNANCY RATE INCREASE

• **Fertility treatments** - including fertility-stimulating drugs and assisted reproductive technologies (ART), such as in vitro fertilization (IVF).

• **In vitro fertilization** - eggs are removed from the mother, fertilized in a laboratory dish and then transferred to the uterus.
WHO IS MOST LIKELY TO HAVE MULTIPLES?
IDENTICAL TWINS
FRATERNAL TWINS
CONJOINED TWINS
WHAT COMPLICATIONS OCCUR MORE FREQUENTLY IN A MULTIPLE PREGNANCY?
PREMATURE BIRTH
LOW BIRTH WEIGHT (LBW):
PRECLAMPSIA
GESTATIONAL DIABETES
Sources

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  – Source: University of Maryland Medical Center
  – Facts about conjoined twins and how they are formed
  – http://www.umm.edu/conjoined_twins/facts.htm

• Fertility Drugs Impact on United States Births
  – Source: Center for Disease Control and Prevention
  – Saving lives. Protecting people. Saving money through prevention
  – http://www.cdc.gov/Features/dsFertilityDrugs/

• General Facts about Multiple Births
  – Source: MOST (Mothers of Supertwins)
  – Supporting multiple birth families...Every step of the way.
  – http://www.mostonline.org/facts_outsideresources.htm

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• Multiple Birth Facts
  – Source: National Organization of Mothers of Twins Clubs, Inc.
  – A support group for parents of twins and higher order multiples

• Twins, Triples, Multiple Births
  – Source: Medline Plus
  – Trusted health information

• The Twin to Twin Transfusion Foundation
  – Information Source for on TTT Syndrome
  – http://www.tttsfoundation.org/